

# Local Life *show*

Organised by East Sussex County Council's Trading Standards Service. This event will provide the perfect place to sample local produce, meet honest and reliable local businesses and talk to representatives of local authority & other caring services. Come and find the latest styles, inspiration and confidence for living.

**Saturday  
4th October**

**Winter Garden  
Eastbourne**

**FREE entry 10am - 5pm**

**Home Improvements & DIY Local Crafts Accessories Local Food & Drink  
Consumer Organisations Demonstrations Motors Health Gardens Advice**



*Whatever you want  
for your home and lifestyle!*



**Organised by Trading Standards  
and Sponsored by:**

**FRIDAY-AD**

**Waitrose Eastbourne**



**Media Partner  
Sovereign Radio**

**For further information call 01323 463430  
or email [Louise.Baxter@eastsussex.gov.uk](mailto:Louise.Baxter@eastsussex.gov.uk)**

## **This October the Local Life Show is coming to Eastbourne again. The show will entertain and inspire you!**

Saturday 4th October from 10am - 5pm the Winter Garden in Eastbourne will become the venue for a fresh and stimulating home & lifestyle show.

With fun for all the family you can't afford to miss it and what's more it's completely **FREE!**

### **Products for you to try and buy...**

Visit the home improvements centre where you can get advice on your latest DIY project or find ideas on how to transform your garden.

Sample the local wines and produce in the food hall. Make sure you bring a shopping trolley to carry all your purchases home.

Buy locally made accessories for your home from our craft area.

Watch the cookery demonstrations and learn how to make fantastic dishes using your favourite local ingredients. Let the kids whip up their favourite fruit smoothie on the Smoothiemobile!

Try out the latest gadgets for your home.

Get advice on your lifestyle by talking to the experts.

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## **Win a Luxury Food Hamper full of local Sussex produce!**

Simply complete your details and enter them into the FREE prize draw at the show.

**Name:** \_\_\_\_\_ **Contact No:** \_\_\_\_\_

**Address:** \_\_\_\_\_